

## NIH Ruth L. Kirschstein Postdoctoral Individual National Research Service Awards (NRSA) F32

### Description of Award

The purpose of the Kirschstein-NRSA postdoctoral fellowship (F32) is to enhance the research training of promising postdoctoral candidates who have the potential to become productive, independent investigators in scientific health-related research fields relevant to the missions of the participating NIH Institutes and Centers.

NIH awards are applied to through specific Funding Opportunity Announcements (FOAs). See a list of [active F32 FOAs here](#). *What's an FOA and what do all these NIH acronyms mean? Click [here](#) to find out!*

### Looking for additional information? Try this link:

- [F32 - Ruth L. Kirschstein Postdoctoral Individual National Research Service Award](#)

### Eligibility

- US citizen or permanent resident
- Research or clinical doctoral degree
- In postdoctoral or residency level of training

### Funds Provided:

- Stipend, tuition & fees, and institutional allowance (i.e., cost of fellowship expenses such as health insurance, research supplies, equipment, books, and travel to scientific meetings) for the fellow for the duration of the award (up to 3 years)
- No direct research funds provided

### Deadlines:

NIH has 3 submission cycles for F32 applications. No letter of intent is required.

- Cycle I: April
- Cycle II: August
- Cycle III: December

New F32 applications may be submitted by any of these deadlines. For each date, applications are due by 5:00 PM local time of application organization.

*Note:* Check with the grants office at your home institution because internal deadlines can vary. Oftentimes materials must be submitted internally prior to the NIH deadline.

### Major Application Components

Comprehensive application instructions can be found [here](#) and should be considered in conjunction with your specific FOA

- Major application components and length (general NIH page limit guidelines found [here](#))
  - Biosketch - 5 pages
    - Highlights qualifications for the individual's specific role in the project through the following sections:
      - Personal Statement
      - Positions and Honors

- Contributions to Science
- View [Biographical Sketch Format Page \(fellowship\) here](#)
  
- Research Plan - 7 pages
  - Specific Aims - 1 page
  - Research Strategy - 6 pages
    - Significance
    - Innovation
    - Approach
  
- Applicant's Background and Goals for Fellowship Training (Training Plan) - 6 pages
  - Academic and research background
  - Career goals
  - Proposed training activities and relationship to career goals
  
- Sponsor and Co-sponsor Statement - 6 pages
  - Information on their research qualifications and track record of mentoring individuals at a similar stage
  - Evidence that the sponsor(s) have an understanding of the candidate's training needs and commitment to meet these need
  - Evidence of adequate research funds to support the project
  
- Reference Letters

**Contact Information for Successful Applicants:**

*References*

<https://www.nlm.nih.gov/ep/NRSAFellowshipGrants.html>

<https://researchtraining.nih.gov/programs/fellowships>