



Roundtable - Dyadic and Interpersonal Health Research

There is a growing need for training and discussion surrounding dyadic and interpersonal processes in health, from biological processes to therapeutic intervention. There is also a need to understand how dyadic approaches align with the NIH stage model, the Science of Behavior Change, and the NIA Health Disparity Framework. We invite researchers to talk about how their health research can go beyond individuals as targets and prioritize interpersonal dyadic relationships and processes. In doing so, we would like to address the broad array of symptoms and problems faced by dyads in illness trajectories across the lifespan. We would like to talk about processes situated in cultural contexts as well as ways that cut across racial and ethnic barriers to ensure health and well-being for all. We seek to engage in discussion about rigorous dyadic theory and methodology and provide social network opportunities for researchers thinking about dyadic processes and health through this roundtable experience.