



2026 Program on Hypertension

Wednesday, March 11

12:00–4:30 PM CST

Chicago, IL

Co-sponsored by the Society of Biopsychosocial Science and Medicine and the American Journal of Hypertension

12:00–12:05 — Welcome & Opening Remarks

12:05–12:30 — Session 1: Hypertension Foundations

- **Overview of 2025 AHA HTN Guidelines** – Brent Egan, MD

12:35–2:55 — Session 2: Cutting-Edge Research

- **Epidemiology** – Norrina Allen, PhD
- **Psychosocial Factors** – Pete Gianaros, PhD
- **Behavioral Mechanisms & Interventions** – Dayna Johnson, PhD, MPH, MSW, MS, Bethany Baron Gibbs, PhD, Ian Kronish, MD, MPH
- **Measurement** – Stephen Juraschek, MD, PhD
- **Pharmacological & Non-Pharmacological Treatments** – Adam Bress, PharmD, MS

2:55–3:10 — Break

3:10–4:15 — Session 3: Translation & Policy

- **Policy Implications** – John Wong, MD
- **Key Themes, Synergies, & Next Steps** – Gbenga Ogedegbe, MD, MPH

4:15–4:25 — Audience Q&A + Wrap-up Discussion

4:25–4:30 — Closing Remarks