
Event Agenda

Society for Biopsychosocial Science and Medicine (SBSM) 2026 Annual Meeting

Tuesday, March 10, 2026

7:00 PM - 9:00 PM **Developing Investigator Program, I2EyE and MD Scholars Reception**
Location: Jackson Park

Wednesday, March 11, 2026

7:30 AM - 6:30 PM **Registration**
Location: Grand Court

8:00 AM - 12:00 PM **Developing Investigator Program (Invite Only)**
Location: Grant Park

8:30 AM - 12:00 PM **SBSM Council Meeting (Invite Only)**
Location: Executive Boardroom

12:00 PM - 4:30 PM **2026 Program on Hypertension: Current State of the Science & Translational Insights (Registration Required)**
Location: Astor Room

1:00 PM - 3:30 PM **I2EyE Scholars Workshop (Invite Only)**
Location: Grant Park

4:00 PM - 4:30 PM **Roundtable: "I'm here, now what?: Trainee-focused tips for networking at professional meetings"**
Location: Riverfront Room

4:30 PM - 4:45 PM **Break**

4:45 PM - 5:40 PM **Welcome - Conference Highlights - Awards Recognition - SBSM Fellows - Biopsychosocial Science and Medicine Reviewer Award**
Location: Grand Ballroom ABC

5:45 PM - 6:30 PM **Award Lecture - Distinguished Scientist: The architecture of stress in everyday life: Components, variability, and leverage points**
Location: Grand Ballroom ABC
Speaker: Joshua Smyth, PhD

6:30 PM - 8:00 PM **Citation Poster Reception**
Location: Promenade Ballroom ABC/Grand Court

Thursday, March 12, 2026

7:30 AM - 5:30 PM **Registration**
Location: Grand Court

8:00 AM - 9:00 AM **Continental Breakfast**
Location: Grand Court

8:00 AM - 9:00 AM **New Member/First Time Attendee Breakfast**
Location: Riverfront Room

8:00 AM - 9:00 AM	Respiratory Disease SIG Meeting Location: Lincoln Park
8:00 AM - 9:00 AM	Individual and Collective Strategies for Weathering Sociopolitical Storms Location: Jackson Park
8:00 AM - 9:00 AM	Dyadic and Interpersonal Health Research: Sharing Resources and Fostering Opportunities Location: Grant Park
8:00 AM - 9:00 AM	R13 Session: The Study of Psychosocial Resilience in Aging: An Overview of Biopsychosocial Data Resources Location: Astor Room Speaker: Tara Gruenewald, PhD, MPH
9:00 AM - 10:00 AM	Award Lecture - Paul D. MacLean: The “Visceral Brain”: Linking Childhood Adversity to Mind-Body Health Location: Grand Ballroom ABC Speaker: Layla Banihashemi, PhD, MS
10:00 AM - 10:15 AM	Break
10:15 AM - 11:15 AM	Symposium: Inflammation-Associated Psychosocial Health: Are We Ready for Translation? Location: Grand Ballroom C Speakers: Karina Van Bogart, Iris Ka-Yi Chat, PhD, Robin Nusslock, Annelise Madison, PhD, Mandy Bekhbat
10:15 AM - 11:15 AM	Featured Symposium: The Uneven Storm: Structural and Psychosocial Modifiers of Perinatal Behavioral Health and Outcomes Location: Grand Ballroom AB Speakers: Marquis Hawkins, PhD, BS, Guido Urizar, Phoebe Lam, Ashley Hill, Michele Levine
10:15 AM - 11:15 AM	Paper Session: Substance Use Location: Riverfront Room Speakers: Claire McQuiston, Anthony Rodriguez, Shaddy K. Saba, PhD, Michael V. Stanton, PhD
10:15 AM - 11:15 AM	Paper Session: Socioeconomic Status and Health Location: Astor Room Speakers: Anna Marsland, PhD, RN, Ryan Brown, Mikayla Cole, Megan Cardenas
11:15 AM - 11:30 AM	Break
11:30 AM - 12:30 PM	Featured Symposium: Community Involvement in Research: Insights from Population-Responsive and Community-Partnered Approaches Location: Grand Ballroom AB Speakers: Nancy Sin, PhD, Dante Anthony Tolentino, Tené Lewis, PhD, Luz Garcini, PhD, MPH
11:30 AM - 12:30 PM	Symposium: Resilience Factors Modulate Biological and Phenotypic Indicators of Accelerated Aging in Cancer Survivors Location: Grand Ballroom C Speakers: Judith Carroll, PhD, Kelly E Rentscher PhD, Jeanne Mandelblatt, Susan Lutgendorf, Iwalola Awoyinka, PhD, MPH, Jenna Hansen
11:30 AM - 12:30 PM	Paper Session: Cardiovascular Health Location: Riverfront Room Speakers: Thomas Kamarck, PhD, Matthew Zawadzki, PhD, BA, MA, MS, Richard Sloan, Amelia Ibarra Mevans, BA, MA
11:30 AM - 12:30 PM	Paper Session: Digital Health Location: Astor Room Speakers: Estelle Higgins, Rona Moss-Morris, Shirley Lopez De Leon, Peter Cummings
12:30 PM - 2:00 PM	Poster Session 1 Location: Promenade Ballroom ABC/Grand Court
12:30 PM - 2:00 PM	Lunch Location: Promenade Ballroom ABC/Grand Court

2:00 PM - 3:00 PM	<p>Symposium: From Days to Years: Multilevel Findings Linking Stress, Mood Disorders, and Biological Aging</p> <p>Location: Grand Ballroom AB Speakers: Rachel E. Koffer, PhD, Agus Surachman, PhD, MS, Stephanie Wilson, PhD, Kelly E Rentscher PhD</p>
2:00 PM - 3:00 PM	<p>Symposium: Weathering in Place: Mapping Health Space and Social Lives Across the Lifespan</p> <p>Location: Grand Ballroom C Speakers: Melissa Flores, PhD, Juan Del Toro, PhD, BA, Jane Leer, Riley O'Neill, MA, Liz Brondolo</p>
2:00 PM - 3:00 PM	<p>Paper Session: Cancer</p> <p>Location: Riverfront Room Speakers: Lena Lee, PhD, Josée Savard, Jaeda Campbell, Kasey Moriarty</p>
2:00 PM - 3:00 PM	<p>Paper Session: Childhood Trauma</p> <p>Location: Astor Room Speakers: Sonya Negriff, PhD, Adrienne Bonar, Emily Lindsay, PhD, Paula Lanternier, BA, BS</p>
3:00 PM - 3:15 PM	Break
3:15 PM - 4:15 PM	<p>Symposium: Psychological Stress and Cardiovascular Health: Across the Continuum of Disease Risk</p> <p>Location: Grand Ballroom AB Speakers: Kenneth Freedland, PhD, Sharon Lee, Kristina Dickman, Jeff Birk, Zachary Magin</p>
3:15 PM - 4:15 PM	<p>Symposium: Coping with Cascading Climate Trauma: Resilience, Risk, and Protective Factors</p> <p>Location: Grand Ballroom C Speakers: E. Alison Holman, PhD, BA, RN, BSN, Kristi E. White, Tiffany Tao, Dana Rose Garfin, Karl Maier</p>
3:15 PM - 4:15 PM	<p>Paper Session: Biological Aging</p> <p>Location: Riverfront Room Speakers: Shaoyong Su, PhD, Jorge Gonzalez, MPH, Michelle Chang, Rebecca Reed</p>
3:15 PM - 4:15 PM	<p>Paper Session: The Brain-Heart Connection</p> <p>Location: Astor Room Speakers: Thomas Kraynak, Abigail Shell, BS, MS, Maria Di Bello, Atsushi Sekiguchi</p>
4:15 PM - 4:30 PM	Break
4:30 PM - 6:00 PM	<p>Poster Session 2</p> <p>Location: Promenade Ballroom ABC/Grand Court</p>
6:00 PM - 7:00 PM	<p>Mentor Mentee Event (Registration Required)</p> <p>Location: Astor Room</p>

Friday, March 13, 2026

7:30 AM - 5:30 PM	<p>Registration</p> <p>Location: Grand Court</p>
7:30 AM - 8:30 AM	<p>Continental Breakfast</p> <p>Location: Grand Court</p>
8:15 AM - 9:00 AM	<p>Award Lecture - Patricia R. Barchas Award in Sociophysiology: Nature's Medicine: Is Oxytocin the Secret to Love and Longevity</p> <p>Location: Grand Ballroom ABC Speaker: Sue Carter, PhD</p>
9:10 AM - 10:10 AM	<p>Presidential Address: Janet Tomiyama</p> <p>Location: Grand Ballroom ABC Speaker: Janet Tomiyama, PhD</p>
10:15 AM - 10:30 AM	Break

10:30 AM - 11:30 AM	<p>Keynote- Personality and Healthy Aging: How Personality Characteristics Influence Longevity, Cognitive Resilience, and Healthspan</p> <p>Location: Grand Ballroom ABC Speaker: Dan Mroczek</p>
11:30 AM - 11:45 AM	<p>Break</p>
11:45 AM - 12:45 PM	<p>Featured Symposium: Navigating the Funding Landscape: Reimagining Funding</p> <p>Location: Grand Ballroom AB Speakers: Danielle Kroboth, PhD, MS, Stephen Ramos, Meanne Chan, Kiffer Card, Kevin Snyder</p>
11:45 AM - 12:45 PM	<p>Paper Session: Sleep</p> <p>Location: Riverfront Room Speakers: Youngmee Kim, PhD, Michele Okun, PhD, Jillian Silva-Jones, MS, Morgann West, MA</p>
11:45 AM - 12:45 PM	<p>Paper Session: Early Life Adversity</p> <p>Location: Astor Room Speakers: Ken Kurisu, Dylan Hoell, Olivia Hoff, BA, Layla Banihashemi, PhD, MS</p>
11:45 AM - 12:45 PM	<p>Symposium: Prenatal Psychosocial Interventions and Offspring Outcomes</p> <p>Location: Grand Ballroom C Speakers: Lillybelle Deer, PhD, Erin Todd, Guido Urizar, Catherine Demers</p>
12:45 PM - 2:00 PM	<p>Past Leaders Luncheon (Invite Only)</p> <p>Location: Executive Boardroom</p>
12:45 PM - 2:00 PM	<p>About Protocols and Data Notes: A BSAM Special Issue</p> <p>Location: Lincoln Park Speaker: Suzanne Segerstrom</p>
12:45 PM - 2:00 PM	<p>Forging PURPOSEful Connections in the Storm: A Networking Session for Pain Scientists</p> <p>Location: Jackson Park Speaker: Amanda Acevedo</p>
12:45 PM - 2:00 PM	<p>Talk Science to Me: Science Communication and the Community</p> <p>Location: Grant Park</p>
2:00 PM - 3:00 PM	<p>Symposium: Sociocognitive Processes and Biological Stress Among Black Women: The Role of Schemas, Affect, and Health Outcomes</p> <p>Location: Grand Ballroom AB Speakers: Amber Johnson, Julia Birenbaum, BA, MA, Kennedy Blevins</p>
2:00 PM - 3:00 PM	<p>Symposium: Applying George Engel's Biopsychosocial Model at its Birthplace: Advancing Education Research and Clinical Care at the University of Rochester</p> <p>Location: Grand Ballroom C Speakers: Christopher Celano, MD, Thomas O'Connor, Hochang Lee, MD, Lauren Decaporale-Ryan, PhD</p>
2:00 PM - 3:00 PM	<p>Paper Session: Neighborhood Factors and Health</p> <p>Location: Riverfront Room Speakers: Maya Martinko, BA, MS, Michelle Chen, PhD, BA, MA, Shaddy K. Saba, PhD, Weidi Qin, PhD</p>
2:00 PM - 3:00 PM	<p>Paper Session: Interpersonal Processes of Biopsychosocial Health</p> <p>Location: Astor Room Speakers: Rosie Shrout, Shelby Langer, PhD, Elliot Friedman, PhD, BA, Sara Waters</p>
3:00 PM - 3:15 PM	<p>Break</p>
3:15 PM - 4:15 PM	<p>Paper Session: Personality and Health</p> <p>Location: Grand Ballroom C Speakers: Eli Rice, MS, Suzanne Segerstrom, Nina Kupper, PhD, Elizabeth Pantesco, PhD</p>
3:15 PM - 4:15 PM	<p>Paper Session: Caregivers</p> <p>Location: Riverfront Room Speakers: Kelly Brice, PhD, MS, Daniel Argueta, BA, Athena Chan, PhD, Dominick Dennis</p>

- 3:15 PM - 4:15 PM** **Paper Session: Depressive Symptoms and Health**
 Location: Astor Room
 Speakers: Heidi Hermans, Diana Chirinos, Mingtong Liu, PhD
- 3:15 PM - 4:15 PM** **Paper Session: Perseverative Cognition and Health**
 Location: Grand Ballroom AB
 Speakers: Vida Pourmand, Samuel Molli, MA, BS, Katie Knauff, Sarah Albani
- 4:15 PM - 5:45 PM** **Poster Session 3**
 Location: Promenade Ballroom ABC/Grand Court
- 5:45 PM - 7:15 PM** **Emerging Leaders Social Hour**
 Location: Astor Room
- 5:45 PM - 7:15 PM** **Mid-Senior Mentor Mentee Event (Registration Required)**
 Location: Riverfront Room
- 5:45 PM - 7:15 PM** **Early Career Network Social Hour**
 Location: Lobby Bar

Saturday, March 14, 2026

- 7:30 AM - 4:15 PM** **Registration**
 Location: Grand Court
- 7:30 AM - 8:30 AM** **Continental Breakfast**
 Location: Grand Court
- 7:30 AM - 8:30 AM** **BSAM ECEB Meet and Greet (Invitation Only)**
 Location: Lincoln Park
- 7:30 AM - 8:30 AM** **Climate Change, Sustainability, and Health SIG Meeting**
 Location: Grant Park
- 8:30 AM - 9:30 AM** **SBSM Members Meeting**
 Location: Grand Ballroom ABC
- 9:30 AM - 9:45 AM** **Break**
- 9:45 AM - 10:45 AM** **The 25th Anniversary of the Great Debate: Phase III Clinical Trials vs. Implementation Science**
 Location: Grand Ballroom ABC
- 10:45 AM - 11:00 AM** **Break**
- 11:00 AM - 11:45 AM** **Award Lecture - Herbert Weiner Early Career Award: Stigma, Stress, & Strength: Allostatic Load Across Diverse Populations**
 Location: Grand Ballroom ABC
 Speaker: Robert-Paul Juster, PhD
- 11:45 AM - 12:30 PM** **Award Lecture - Martica Hall Award in Sleep Medicine: Reflections on Sleep Medicine: Passion, Process, & Policy**
 Location: Grand Ballroom ABC
 Speaker: Aric Prather, PhD
- 12:30 PM - 12:45 PM** **Break**
- 12:45 PM - 2:00 PM** **BSAM - Associate Editors Meeting (Invitation Only)**
 Location: Executive Boardroom

- 12:45 PM - 2:00 PM** **Career Pivot talks by Senior Scholars in our Society**
Location: Astor Room
- 2:00 PM - 3:00 PM** **Symposium: Applying Causal Inference Methodologies to the Study of Social Relationships and Health**
Location: Grand Ballroom AB
Speakers: Kyle Bourassa, David Sbarra, Mark Whisman, PhD, Molly Gonenne
- 2:00 PM - 3:00 PM** **Symposium: Autonomic, Endocrine, and Immune System Activity in Depression, Anhedonia, and Maladaptive Emotion Regulation: From Laboratory to Real World**
Location: Grand Ballroom C
Speakers: Annie Ginty, PhD, Alexandra Tyra, PhD, Aoife Whiston, Nathan Stuart, MS, Thomas Ritz, PhD
- 2:00 PM - 3:00 PM** **Paper Session: Positive Psychosocial Factors and Health**
Location: Grant Park
Speakers: Stacey Schaefer, Khadijah Abdallah, Emiko Kranz, MA, BS, MPH, Julia Boehm, PhD
- 2:00 PM - 3:00 PM** **Paper Session: Trauma and Health**
Location: Astor Room
Speakers: Gaspar J. Cruz, Jennifer Sumner, PhD, Lisa Shank, Sydney Hardy
- 3:00 PM - 3:15 PM** **Break**
- 3:15 PM - 4:15 PM** **Symposium: Beyond Symptom Checklists: Comprehensive Ecological Assessment of Patient Experiences in Daily Life**
Location: Grand Ballroom AB
Speakers: Arthur Stone, Marta Walentynowicz, Maaïke Van Den Houte, Livia Guadagnoli
- 3:15 PM - 4:15 PM** **Paper Session: Body Image, Weight Stigma, and Health**
Location: Grant Park
Speakers: Yumi Hamamoto, Harley Layman, PhD, Angela Incollingo Rodriguez, PhD, Erin Standen, PhD
- 3:15 PM - 4:15 PM** **Paper Session: Physical Activity**
Location: Grand Ballroom C
Speakers: Taryn Cook, BS, Christopher Celano, MD, Tadahiro Yamazaki
- 3:15 PM - 4:15 PM** **R13 Session: Bridging the Gap Between Science and the Clinic: Maximizing Impact to Promote Healthy Aging**
Location: Astor Room
Speakers: Christopher Celano, MD, Nina Kupper, PhD, Christoph Herrmann-Lingen
- 4:15 PM - 4:30 PM** **Break**
- 4:30 PM - 6:00 PM** **Poster Session 4**
Location: Promenade Ballroom ABC/Grand Court
- 6:00 PM - 7:00 PM** **SBSM Leaders Reception (Invite Only)**
Location: Lincoln Park
- 7:00 PM - 11:00 PM** **Closing Banquet (Registration Required)**
Location: Astor Room
- 7:00 PM - 11:00 PM** **Game Room**
Location: Grant Park